

SHFB Most Needed Items

Second Harvest Food Bank of Greater New Orleans and Acadiana

Second Harvest Food Bank accepts all non-perishable items (foods that do not need to be frozen or refrigerated). We prefer non-glass containers. When collecting food for your drive please keep in mind that we need nutritional food items that are low in sodium/salt and sugar. Below are some suggestions:

Diary

Boxed Shelf-Stable Milk

Evaporated Milk

Dry Milk

Fruits and Vegetables

Apple Sauce

Spaghetti Sauce without Meat

Canned Fruits in Juices

Dried Fruit (such as raisins and banana chips)

Canned Vegetables (such as diced tomatoes or green beans)

Shelf Stable 100% Juice (such as apple and grape juice)

Proteins

Canned Baked Beans & Pork

Canned Tuna Fish

Canned Chicken

Dry Beans

Canned Chili

Peanut Butter

Canned Soup or Stew

Nuts (such as pumpkin seeds)

Grain

Cereal

Pasta

Crackers

Rice

Healthy Snacks



Second Harvest Food Bank
Greater New Orleans and Acadiana

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