

FOOD FOR THOUGHT

Second Harvest is leading the fight against hunger in South Louisiana through food distribution, advocacy, education and disaster response



"A recent report from Feeding America shows Louisiana leads the nation in hunger among the elderly, with nearly one in four seniors facing the threat of hunger in our state."

Second Harvest Chief Impact Officer, Melanie McGuire

Partnering to provide meals for seniors this holiday season

Seniors represent 25% of the people served by Second Harvest. Figuring out how best to serve them is a priority year-round, and especially during the holidays. That's why we are so grateful for your support, and for the support of generous partners like Peoples Health.

Every week, thousands of South Louisiana seniors visit food pantries supported by Second Harvest. And those numbers continue to grow. "It is such a shame that in a state so well-known for our food, many of our seniors continue to have to choose between nutrition, bills, and medicine," said Second Harvest Chief Impact Officer Melanie McGuire. "A recent report from Feeding America

shows Louisiana leads the nation in hunger among the elderly, with nearly one in four seniors facing the threat of hunger in our state."

In addition to their year-round support of our mission to fight hunger, Peoples Health also makes our holiday season Senior Meal Campaign possible. Thanks to this program, thousands of Thanksgiving and Christmas meals will be delivered to senior centers across South Louisiana and served up by Peoples Health volunteers.

"So many of these seniors have worked their whole lives and now are barely getting by on a limited income," said McGuire. "And we

hear the stories almost every day of grandparents having to unexpectedly raise grandchildren, putting an additional burden on already limited household resources."

In total, Second Harvest provides help to nearly 25,000 senior citizens every month across South Louisiana.

"We are so thankful for the continued partnership with Peoples Health," said Natalie Jayroe, President and CEO of Second Harvest. "We're so honored to partner with Peoples Health to provide nutritious meals, both during the holidays and year-round, for seniors right here in South Louisiana."

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