

The Nutrition & Wellness Team at Second Harvest Food Bank works with community partners to provide free classes in healthy cooking skills, budgeting, and health management to our neighbors.

Site Requirements:

At least 50% of your target audience must be eligible for SNAP benefits based on income. Our priority is to provide low income communities with these resources.

Must be in following parish:

- Acadia
- Cameron
- Lafayette
- Plaquemines
- St. Bernard
- St. Landry
- St. Tammany

We will consider request outside of the above requirements.

Must have a designated area to implement the activity requested.



Nutrition & Wellness Education Request Form

Requestor/Organization: _____

Address: _____

Primary Phone Number: _____

Primary Contact Person/Email: _____

Does your site/organization serve a primarily low-income audience? YES NO

Is your organization a non-profit? YES NO

NOTE: Completion of this form does not indicate you have booked an activity. A member of the Nutrition Education team will contact you to confirm the class has been booked.

Event Date: _____ Event Time: _____

Event Recurrence: ONE-TIME WEEKLY MONTHLY

Target Population: ADULTS CHILDREN SENIORS Estimated Number of Attendees: _____

If you selected a one-time class, select one topic you would like us to focus on:

MyPlate Fruits & Vegetables Eating Healthy on a Budget Healthy Shopping Cooking Demo

Eating for Chronic or Acute Diseases

Type of Activity Requested:

In-person classes Virtual (live and pre-recorded available) Customized handouts

Other details to include: _____

Return form to: Kristen Wesley, Community Nutrition Manager

215 E Pinhook Rd, Lafayette, LA 70501 | 337.237.7711

700 Edwards Ave, New Orleans, La 70123 | 504-734-1322

communitywellness@secondharvest.org

