

# HURRICANE LAURA

## MOST NEEDED ITEMS

### NON-PERISHABLE FOOD

#### Proteins

canned tuna  
dried or canned beans  
canned chili, soup  
peanut butter  
nuts  
trail mix

#### Fruits and Vegetables

canned vegetables  
canned fruits, fruit cups  
diced tomatoes  
tomato sauce  
spaghetti sauce  
dried fruits

#### Grains

low sugar/high fiber cereal  
oatmeal  
pasta  
rice  
grits  
granola bars  
healthy snacks



### CLEANING

bleach  
unused mops, buckets  
paper towels  
toilet paper  
personal hygiene items  
soap  
hand sanitizer  
disposable PPE  
paper plates  
disposable cutlery



### Please Do Not Donate:

unlabeled cans  
rusty cans  
homemade food

glass containers  
perishable food  
open or used items

clothing  
perishable food  
open or used items